



## Lash Extension Aftercare Instructions

Congratulations on your beautiful, new lash extensions. To maintain your look, please follow the aftercare instructions carefully. Natural lashes have an average lifespan of 3 months. Please do not be alarmed when your lashes fall out (up to 4 a day is normal), this is a natural process and others are growing in their place.

### Application Day:

- To allow the adhesive bond to cure, avoid getting your lashes wet for the first 6-12 hours. This includes steam, saunas, and swimming pools.
- Please avoid suntan beds for the first 48 hours

### AVOID:

- Oil-based skincare and cosmetics. Only water-based products are approved for extensions. Oils will affect adhesion and cause premature loss of extensions. Check your moisturizer and foundation ingredients. If an eyeliner is to be used, please use a powder applied with wet brush. Should a mascara be absolutely necessary, only use a formulation approved for extensions, as any other will ruin your beautiful lashes. Ask your technician for an approved mascara.
- Touching or pulling your lashes. Everytime you touch them, oil, dirt, and possibly germs are transferred. Keeping the follicle of the natural lash clean and disease-free is the key to lash longevity and health. Never, never pick at your extensions. Removal should only be done by a technician.
- Manual lash curlers. This can break your extensions and natural lashes, possibly causing permanent damage to the follicle. Use a heated curler only, if necessary.

### DO:

- Wash your lashes! Oily skin-types will need to wash lashes up to twice a day, others at least every other day to prevent oil and dirt build-up. It is imperative to keep the lash line clean and free of debris. Use a soft brush and foaming cleanser to gently cleanse the eye area and lash base, gently rinsing with water, blotting dry with lint-free tissue, and finally brushing with spoolie when dry. This is the number one key to keeping your lashes healthy for continued extension use!
- Brush your lashes daily to keep them fluffy and in place.
- Sleep on your back. Side or face-sleeping means premature loss as the eyes make contact with the pillow. Try a lash mask or placing a hand alongside your cheek to maintain distance between pillow and eye.
- Schedule regular fill appointments every 2-3 weeks to maintain a full and natural look. Please arrive at your fill appointments with freshly-cleaned lashes to maximize time spent on lash application.

Enjoy your lashes and please feel free to contact us with any questions or concerns regarding your eyelash extensions!

